DOR JÉ CHANG CHEN TÉLO NARO DANG
Great Vajradhara, Tilopa, Naropa,

DÜ SUM SHÉ JA KÜN KYEN KAR MA PA
Knower of the three times, omniscient Karmapa,

MAR PA MI LA CHÖ JE GAM PO PA
Marpa, Milarepa, Lord of the Dharma, Gampopa,

CHÉ ZHI CHUNG GYE GYÜ PA DZIN NAM DANG
Lineage holders of the four great and eight lesser schools:

ZHEN LOK GOM GYI KANG PAR SUNG PA ZHIN
As is taught, non-attachment is the foot of meditation.

TS'HE DIR DÖ TAK CHÖ PAY GOM CHHEN LA
And is not attached to food and wealth,

ZÉ NOR KÜN LA CHHAK ZHEN MÉ PA DANG
To the meditator who abandons ties to this life,

NYE KUR ZHEN PA ME PAR JIN GYI LOP
Grant your blessings,
That attachment to ownership and honor cease.
As is taught, devotion is the head of meditation.

To the meditator who always turns to him, the Lama opens the door to the profound oral teachings.

I supplicate you, the Kagyü Lamas; I hold your lineage.

Grant your blessing that I may follow your tradition and example.

Grant your blessing that I may follow your tradition and example.

I supplicate you, the Kagyü Lamas; I hold your lineage.

Grant your blessing, that uncontrived devotion be born within.

To the mediator who always turns to him, as is taught, devotion is the head of meditation.

Unrivaled protectors of sentient beings, the Dakpo Kagyü, Drikung, Taklung, Tsalpa, glorious Drukpa and others, masters of the profound path of Mahamudra, the Kagyü lamas, I hold your lineage.

MEN NGAK TER GO JÉ PAY LA MA LA

The Lama opens the door to the profound oral teachings.

Gyūn Du Sol Wa De° Pay Gom Chhen La

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Grant your blessing, that uncontrived devotion be born within.

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Grant your blessing, that uncontrived devotion be born within.

Gyūn Du Sol Wa De° Pay Gom Chhen La

Grant your blessing that I may follow your tradition and example.

Gyūn Du Sol Wa De° Pay Gom Chhen La
As is taught, unwavering attention is the body of meditation.

Whatever arises is the fresh nature of thought – the essence of realization.

To the meditator who simply rests, without altering the present,

Grant your blessings that meditation is free from intellectualization.

Through all my births, may I not be separated from the perfect Lama and so enjoy the glory of the dharma.

May I completely accomplish the qualities of the path and stages,

And quickly attain the state of Vajradhara.
As is taught, the essence of thought is dharmakaya.

Though nothing whatsoever, yet everything arises from it.

To arise unobstructed, to the meditator who allows the play of the mind.

Grant your blessings that the inseparability of samsara and nirvana be realized.

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Mahāmudrā Lineage Prayer